



POWAY GIRLS VOLLEYBALL PROGRAM

As parents, you have enormous influence on our team. Please help the coaching staff create a positive, team-oriented atmosphere by paying attention to your comments, both to your daughter and to anyone else in the program. Below are a few examples of comments that help build teamness, as well as comments that work to destroy teamness. We appreciate your cooperation in advance and look forward to you contributing in this important area.

Comments that HELP:

1. "The team seems to have fun together." (reinforces teamness)
2. "It seems like the coaching staff had you prepared to play against that team." (reinforces faith in leadership)
3. "I know it must be difficult, but you were so genuinely supportive when you were not playing tonight." (reinforces teamness and attitude)
4. "I can't believe how much you guys fly around the court on defense." (reinforces effort)
5. "I was proud of you tonight." (helps reinforce positive coaching environment, 5-1 ratio)
6. "If you want to vent, I'm happy to listen, but if you are seriously unhappy in your role, you have to talk to the coach." (shows empathy, but encourages responsibility)
7. "Remember to call your coach about Saturday's practice." (encourages responsibility)
8. "I wasn't a very good model for sportsmanship on that call at the end of the match. I have to work on getting better at that." (encourages sportsmanship and responsibility)

Comments that HURT:

1. "Mary looks like she has a bad attitude." (damages teamness by encouraging negative comments about teammate)
2. "Why is the coach playing Mary?" (shows lack of support of leadership)
3. "Mary doesn't like to set you, does she? It seems like she always sets her friend, Barbara." (destroys teamness)
4. "Why did you serve in the net on that last play of the match?" (negative feedback hurts ratio)
5. "We never play well in that gym." (abdicates responsibility)
6. "If that ref didn't blow the call at 25-25, we would have won." (abdicates responsibility)
7. "I'll call coach for you." (discourages player from taking responsibility)
8. "All the parents I talk to think you should be playing." (not only shows lack of faith in leadership, but also destroys teamness by soliciting support to individual's point of view)