

# POWAY GIRLS VOLLEYBALL PROGRAM



## Expectations for Players

1. Players will attend, and be on time to, all practices and team meetings. If a time conflict arises, the player will communicate directly with the coach as early as possible (or leave a message if direct contact is impossible.)
2. Players will be committed to our ETA (Effort, Teamness, Attitude) philosophy.
3. Players will willingly make personal sacrifices for the good of the team.
4. If problems arise, players will communicate directly with the coach, not people outside the team.
5. Players will practice good sportsmanship, both in practice and in matches.
6. Players will take responsibility for the team's performance, never blaming outside forces (refs, playing times, etc.) for undesirable outcomes.
7. Players will represent PHS with respect on and off the court.

## Expectations for Coaches

1. Coaches will begin and end practices at posted times.
2. Coaches will be organized, knowledgeable, and willing to improve.
3. Coaches will model ETA.
4. Coaches will provide a positive learning atmosphere (strive for 5-1 ratio.)
5. Coaches will have an open communication with players regarding their role on the team.
6. Coaches will encourage player communication. If a player has a concern, the coach will listen open-mindedly.
7. Coaches will be models of good sportsmanship.
8. Coaches will take responsibility for the team's performance, never blaming outside forces (refs, playing times, etc) for undesirable outcomes.
9. Coaches will represent PHS with respect on and off the court.

## Expectations for Parents

1. Parents will support the team, understanding that their daughter will be asked to make sacrifices for the benefit of the group.
2. Parents will be committed to our ETA (Effort, Teamness, Attitude) philosophy.
3. Parents will encourage their daughter to communicate with the coach.
4. Parents will refrain from second guessing coaches, comparing players, or complaining—both in public situations and in conversations with their daughters.
5. Parents will be models of good sportsmanship.
6. Parents will allow the team to take responsibility for performance, never blaming outside forces (refs, playing times, etc.) for undesirable outcomes.
7. Parents will represent PHS with respect on and off the court.
8. If a problem arises, parents will adhere to the following procedure:
  - a. player meets with coach
  - b. parent and player meet with coach
  - c. parent, player, and coach meet with AD

I understand that my words and actions may have either a positive effect on the team or a damaging effect. I agree to support the team by adhering to the parent/player expectations.

**Player Signature:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

Player/Parent Expectation Sheet  
(need returned)